## NASS

National Ankylosing Spondylitis Society



## Stretch for NASS for World Arthritis Day

on Thursday 13 October 2011 at 6.00pm Queen Elizabeth the Queen Mother Hospital

NASS has 83 branches with 120 physiotherapists providing 60,000 hours of hydro & physiotherapy each year

NASS branches have been moving to improve for 30 years. Keep NASS moving well into the future.



To take part please contact David Mackenzie on 01795 534668 To make a donation www.virginmoneygiving.com/stretch4nass

Raising awareness & funds for NASS branches